



**COLLEGE
OF THE
VIRGIN ISLANDS**

Cooperative Extension Service

**GARDENERS FACTSHEET NO. 1
JANUARY, 1979**

VEGETABLE PLANTING and HARVEST GUIDE

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The following figures are approximations based on the best available information
They should be adjusted to your individual garden. Remember, they are estimates.

Vegetable	Seeds per 100 ft. row	Depth of Seeding (inches)	Time Needed to Grow Transplant (weeks)	Min. Space Needed to Grow Transplants (inches)	Distance Between Plants In Row (inches)	Distance Between Rows (inches)	Estimated Yield per 100 ft. row
beans:							
bush snap	½ lb.	1½			3	24	50 lbs.
pole snap	4 oz.	1½			36	24	40 lbs.
bush lima	½ lb.	1½			3	24	25 lbs.
pole lima	½ lb.	1½			3	36	50 lbs.
beets	1 oz.	1			2	18	75 lbs.
broccoli	1/4 oz.	1/2	5	2 x 2	18	30	65 heads
cabbage	1/4 oz.	1/2	5	2 x 2	18	30	65 heads
carrots	1/2 oz.	1/2			2	18	80 lbs.
cauliflower	1/4 oz.	1/2	5	2 x 2	18	30	65 heads
Chinese cabbage	1/4 oz.	1/2	5	2 x 2	12	24	100 heads
collards	1/2 oz.	1/2	5	2 x 2	12	24	100 lbs.
cucumbers	1 oz.	1½	2-3	3 x 3	18	72	70 lbs.
eggplants	1/8 oz.	1/2	6	2 x 2	24	36	150 lbs.
kale	1/2 oz.	1/2	5	2 x 2	12	24	100 lbs.
kohlrabi	1/8 oz.	1/2	4	2 x 2	4	18	75 lbs.
leaf lettuce	1/2 oz.	1/4	5	1½ x 1½	6	12	50 lbs.
muskmelon	1 oz.	1½	2-3	3 x 3	72	72	100 frts.
mustard	1/2 oz.	1/2			2	24	100 lbs.
okra	2 oz.	1/2			18	36	100 lbs.
onions	1 oz.	1/2	8	1/4 x 2	2-4	18	100 lbs.
pigeon peas	1 oz.	½			60	60	-
peppers	1/8 oz.	1/2	6	2 x 2	24	24	50 lbs.
pumpkins	1/2 oz.	1½	2-3	3 x 3	72	72	100 lbs.

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radish	1 oz.	1/2			1	12	75 lbs.
squash:			2-3	3 x 3			
summer	1 oz.	1	2-3	3 x 3	48	48	150 lbs.
winter	1/2 oz.	1			48	48	100 lbs.
sweet corn							125 ears
sweet potato	4 oz.	2			12	30	100 lbs.
Swiss chard	100 plts.	-			12	36	75 lbs.
tomato	2 oz.		4	2 x 2	6	18	150 lbs.
turnip	1/8 oz.	1/2			36	36	75 lbs.
watermelon	1/2 oz.	1/2	2-3	3 x 3	3	18	40 lbs.
yams	1 oz.	1½			72	72	200 lbs.
	12 lbs.	6			24	36	

Products mentioned by name in this publication are used as examples and in no way imply endorsement or recommendation of these products or suppliers.